



SpringMo  
Black  
Wellness  
Initiative

EMPOWERMENT THROUGH ENGAGEMENT

**EVENT  
KICK-OFF**

**SEPTEMBER 17, 2022 | 10AM - 2PM**

ROBERT PLASTER FREE ENTERPRISE CENTER (eFACTORY)

405 N JEFFERSON AVE. IN THE JAY WASSON IDEA LOFT

# PROGRAM SCHEDULE

SPONSORED BY



Funded in part by a grant from the Missouri Office of Minority Health, a Division of the Missouri Department of Health and Senior Services.

# PROGRAM SCHEDULE

- 9:30 am**      **Registered Guest Check In**
- 10:00 am**      **Opening & Purpose**  
Taj Sulleyman, City of SGF, Director of Diversity, Equity, and Inclusion
- 10:03 am**      **Greetings**  
Mayor Ken McClure, City of Springfield  
Katie Towns, MPH, Health Director, Springfield Greene County Health
- 10:10 am**      **What are Health Disparities? What is Health Equity?**  
Dr Nancy Yoon, MD, MPH - Springfield Greene County Health
- 10:30 am**      **Panel 1 - Good Food Is for the Mind, Body, and Soul**  
Moderator - Dr Nancy Yoon, MD, MPH  
Rana Coleman, RD LD WIC Nutritionist - Springfield Greene County Health  
Heather Hardinger, System Director DEI, Human Resources - CoxHealth  
Dr. Shannon White, Pediatric Dentists - Jordan Valley Health Center
- 11:05 am**      **15 Min Break**
- 11:20 am**      **Panel 2 - Healthy Mind, Healthier Life**  
Moderator - Melesha Bailey, Health Coach, - Owner of Love 4 Life Wellness  
Keke Rover, BS, System Director Diversity and Inclusion - Burrell Center  
Nina Smart Dixon, CRADC, - Owner of Recovery Outreach Services  
Nicole Massey, MSW, LCSW Director of Prevention & Outreach - Aids Project of the Ozarks
- 11:50 am**      **30 min Lunch Break**

# PROGRAM SCHEDULE

Continued

- 12:20 pm**      **Panel 3 - Move It Or Lose It**  
Moderator - **Reggie Harris** - Yoga & Fitness Trainer  
**Jenny Fillmer Edwards**, Public Information Administrator - Springfield Greene County Park Board  
**Dr. Katie Donovan Gooch, DC, MTAA** - Beyond Chiropractic & Acupuncture  
**Dr. Kayette Glass**, Vice President of Clinical Services - The ARC of the Ozark
- 12:55 pm**      **15 min Break**
- 1:10 pm**      **Panel 4 - Educational Paths to Professional Healthcare Careers**  
Moderator - **Latasha Harris**, Owner of Nurse Hustle Recruitment  
**Rebecca Caceres**, Dental Hygiene Program Director.- OTC  
**Brandi Bower, PharmD, BCACP** - UMKC School of Pharmacy at MSU  
**Dr. Ron Woodard**, Director of Wraparound Services - Springfield Public Schools  
  
**Dr. Joe Debra**, New Mercy Primary Care Doctor
- 1:45 pm**      **Next Steps**  
Event and Program Announcements
- 2:00 pm**      **Adjourn**

Special thanks to the Missouri Office of Minority Health and all of our participating healthcare organizations for their time today along with their overall support and collaboration in our multi-year wellness plan.

For more information about the SpringMO Black Wellness Initiative and upcoming events, go to:  
[www.springmoblackwellness.com](http://www.springmoblackwellness.com)